



Asia Pacific Forum Convention of NA=4 Seeb, Al Koudh, Seeb, Oman

The Program

Day 1 - Thursday, 13 Feb 2025

Time	Program	Speakers	Facilitators
10 am - 10.30 am	Opening Ceremony		
10.30 am - 11.30 am	Together We Can! <i>(Meet & Greet Icebreaker)</i>		
11.30 am - 12.30 am	"Unity is Our Strength" - Tradition 1 <i>(Speaker Meeting)</i>	To be decided	To be decided
12.30 am - 2 pm	Lunch Break		
2 pm - 3.30 pm	Recovery & Relapse <i>(An Interactive Session)</i>	To be decided	To be decided
3.30 pm - 3.40 pm	Short Break		
3.40 pm - 4.30 pm	1) Indispensable: Honesty, Open-Mindedness & Willingness 2) The Gift of Desperation: Step One <i>(Speaker Meeting)</i>	To be decided	To be decided
4.30 pm - 5 pm	Short Break		
5 pm - 6 pm	1) Practicing Responsibility - As a Parent 2) Finding Work-Life Balance in Recovery <i>(Speaker Meeting)</i>	To be decided	To be decided
6 pm - 6.30 pm	Short Break		
6.30 pm - 7.30 pm	Experience, Strength & Hope <i>(Main Speaker Meeting)</i>	To be decided	To be decided
7.30 pm - 8.30 pm	Dinner Break		
8.30 pm - 10 pm	Recovery Meeting	Open For Sharings	To be decided
10 pm - 12 am	Grooving Clean <i>(Live Band & DJ)</i>		

Day 2 - Friday, 14 Feb 2025

Time	Program	Speakers	Facilitators
10 - 11 am	1) Isolation to Connection 2) Sponsoring Others: What's that about? <i>(Speaker Meeting)</i>	To be decided	To be decided
11 am - 12 pm	SPAD Reading for the Day <i>(Ballot Sharing Jam)</i>	Open Meeting	To be decided
12 pm - 2 pm	Lunch Break		
2 pm - 3.30 pm	Practicing Tradition 3: Inclusivity <i>(An Interactive Session)</i>	To be decided	To be decided
3.30 pm - 3.45 pm	Infotainment		
3.45 pm - 4.30 pm	Short Break		
4.30 pm - 5.30 pm	1) Addiction & Its Manifestations 2) Its a Simple Program for Complicated People! <i>(Speaker Meeting)</i>	To be decided	To be decided
5.30 pm - 5.40 pm	Short Break		
5.40 pm - 6.15 pm	NAWS Updates		
6.15 pm - 6.45 pm	Short Break		
6.45 pm - 7.30 pm	1) Life on Life's Terms 2) Ageing in Recovery <i>(Speaker Meeting)</i>	To be decided	To be decided
7.30 pm - 9 pm	Country Countdown		
9 pm - 11 pm	Jiving Clean <i>(Live Band & DJ)</i>		

Day 3 - Saturday, 15 Feb 2025

Time	Program	Speakers	Facilitators
10 am - 11 am	1) Maintaining Your Program - Steps 10, 11, 12 2) Virtual Meetings - The Experience <i>(Speaker Meeting)</i>	To be decided	To be decided
11 am - 11.15 am	Short Break		
11.15 am - 12 pm	APF Updates		
12 pm - 1.30 pm	Mental Health & Recovery <i>(An Interactive Session)</i>	To be decided	To be decided
1.30 pm - 3.30 pm	Lunch Break		
3.30 pm - 4.30 pm	1) Overcoming Fear, Anger, Resentment: Steps 4, 5, 6, 7 2) Relationships are the Meat, Potatoes and Dessert of Life! (Living Clean, Chapter 5) <i>(Speaker Meeting)</i>	To be decided	To be decided
4.30 pm - 5 pm	Short Break		
5 pm - 5.30 pm	Step Twelve: "... in all our affairs" <i>(Speaker Meeting)</i>	To be decided	To be decided
5.30 pm - 6 pm	Open Mic		
6 pm - 6.30 pm	Short Break		
6.30 pm - 7 pm	Closing Ceremony		
7 pm - 9 pm	Clean Time Countdown		
9 pm - 11 pm	Twist & Shout! <i>(DJ & Dance)</i>		